	Monday 1
Lunch:	Turkey Pot Pie, Virginia Baked Ham, Garlic Cheese Potatoes, Steamed Rice, Collard Greens, French Fried Cauliflower, Apple Bread Dressing, Raisin Sauce, Butter & Egg Dinner Rolls, Cream of Broccoli Soup, & Asst. Pastries
Dinner:	Chinese 5-Spice Chicken, Cajun Meatloaf, Mashed Potatoes, Kansas City Rice Blend, Savory Style Beans, Oriental Stir-Fry Cabbage, Brown Gravy, Butter & Egg Dinner Rolls, Cream of Broccoli soup, & Asst. Pastries
	Tuesday 2
Lunch:	Pepper Steak, Shrimp Scampi, Oven Brown Potatoes, Steamed Rice, Peas with Onions, Wax Beans, Mushroom Gravy, French Dinner Rolls, Chicken Noodle Soup, & Asst. Pastries
Dinner:	Braised Pork Chops, Orange Chicken, Pork Fried Rice, Parsley Buttered Potatoes, Mixed Vegetables, Simmered Cauliflower, Brown Gravy, French Dinner Rolls, Chicken Noodle Soup, & Asst. Pastries
	Wadaaday 2
Lunch:	Wednesday 3 Southern Fried Chicken, Curry Beef, Baked Macaroni & Cheese, Garlic
Luncn:	Cheese Potatoes, Steamed Rice, Corn O'Brien, Glazed Carrots, Kaiser Rolls, French Onion Soup, & Asst. Pastries
Dinner:	Lemon Baked Fish, Chili & Macaroni, Grilled Cheese, Broccoli, Summer Squash, Garlic Cheese Potatoes, Cream Gravy, Kaiser Rolls, French Onion Soup, & Asst. Pastries
	Thursday 4
Lunch:	Chinese BBQ Ribs, Sweet & Sour Chicken, Boiled Pasta, Pork Fried Rice, Peas and Carrots, Vegetable Stir-fry, Brown Gravy, Minestrone Soup, Dinner Rolls, & Asst. Pastries
Dinner:	Roast Beef, Turkey Ala King, Steamed Rice, Paprika Butter Potatoes, Lyonnaise Green Beans, Cauliflower Au Gratin, Brown Gravy, Minestrone Soup, Dinner Rolls, & Asst. Pastries
	Esidos 5
Lunch:	Friday 5 Salisbury Steak, Baked Tuna & Noodles, Mashed Potatoes, Brussels Sprouts, Cream Style Corn, Black-Eyed Peas, Brown Gravy, Corn Muffins, Cream of Mushroom Soup, & Asst. Pastries
Dinner:	Jambalaya, Honey Glazed Rock Cornish Hens, Italian Roasted Potatoes, Broccoli Parmesan, Creole Summer Squash, Chicken Gravy, Corn Muffins, Cream of Mushroom Soup, & Asst. Pastries
	Soturday 6
Breakfast	Saturday 6 Oven Fried Bacon, Canadian Bacon, Turkey Sausage Links, Hash Browns,
Brunch:	Steamed Rice, Pancakes, Waffles, French Toast, Eggs to Order, Hot Cereal, Hot Roast Beef Sandwich, Mexican Corn, Rice Pilaf, Brown

	Gravy, White Dinner Rolls, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
Dinner Brunch:	Jerked Roast Turkey, Roast Beef, Scalloped Ham and Potatoes, Rice Pilaf, Mexican Corn, Lyonnaise Carrots, Brown Gravy, White Dinner Rolls, Beef Vegetable Soup, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
	Sunday 7
Breakfast Brunch:	Oven Fried Bacon, Minute Steak, Grilled Turkey Sausage Patties, Creamed Ground Beef, Eggs to Order, French Toast, Pancakes, Waffles, Steamed Rice, Cottage Fried Potatoes, Hot Cereal, Fried Chicken Fillets, Mashed Potatoes, Green Beans, Chicken Gravy, Wheat Dinner Rolls, Cream of Chicken Soup, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
Dinner Brunch:	Shrimp Scampi, Grilled T-Bone Steak, Breaded Pork Chops, Baked Potatoes, Steamed Rice, Green Beans, Peas w/ Mushrooms, Brown Gravy, Cream of Chicken Soup, Dinner Rolls, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
	Monday 8
Lunch:	Sausage Patties, Oven Fried Bacon, Turkey Sausage Links, Eggs to Order, Hot Cereal, Texas Hash, Hash Browns, Steamed Rice, Pancakes, Waffles, French Toast, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, Dinner Rolls, Corn Chowder, & Asst. Pastries
Dinner Brunch:	Meatloaf, Chicken Tetrazzini, Roasted Pepper Potatoes, Broccoli, Summer Squash, Brown Gravy, Dinner Rolls, Corn Chowder, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
	Tuesday 9
Breakfast Brunch:	Pork Sausage Links, Turkey Sausage Patties, Creamed Sausage Gravy, Ham Slices, Hash Browns, Steamed Rice, Eggs to Order, Hot Cereal, Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion, Rings, Assorted Toppings, Condiments, Dinner Rolls, Gumbo Soup, & Asst. Pastries

Dinner Brunch:	Roast Pork, Teriyaki Chicken, Rice Pilaf, Potatoes and Herbs, Green Bean Creole, Peas and Carrots, Cream Gravy, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion, Rings, Assorted Toppings, Condiments, Dinner Rolls, Gumbo Soup, & Asst. Pastries
	Wednesday 10
Lunch:	Chinese BBQ Chicken, Veal Parmesan, Garlic Roasted Potato Wedge, Fried Rice, Fried Cabbage with Bacon, Louisiana Style Squash, Onion Gravy, Kaiser Rolls, French Onion Soup, & Asst. Pastries
Dinner:	Baked Stuffed Fish, Grilled Sirloin Steaks, Baked Macaroni & Cheese, Mashed Potatoes, Spinach, Whole Kernel Corn, Brown Gravy, Kaiser Rolls, French Onion Soup, & Asst. Pastries
	Thursday 11
Lunch:	Beef Balls Stroganoff, Pork Adobo, Buttered Pasta, Steamed Rice, Peas w/ Onions, Scalloped Cream Style Corn, Dinner Rolls, Brown Gravy, New England Clam Chowder, & Asst. Pastries
Dinner:	Chili & Macaroni, Swiss Steak, Long Grain & Wild Rice Melody, Grilled Cheese, Cauliflower Au Gratin, Mexican Corn, Brown Gravy, Dinner Rolls, New England Clam Chowder, & Asst. Pastries
	Friday 12
Lunch:	Baked Fish w/ Garlic Butter, Beef Stew, Franconia Potatoes, Steamed Egg Noodles, Broccoli Parmesan, Succotash, Cream Gravy, Corn Muffins, Minestrone Soup, & Asst. Pastries
Dinner:	Shrimp Jambalaya, Chicken and Italian Vegetable Pasta, Mashed Potatoes, Creole Summer Squash, Green Beans, Chicken Gravy, Corn Muffins, Minestrone Soup, & Asst. Pastries
	Catumday 12
Breakfast	Saturday 13 Grilled Ham Slice, Baked Sausage Links, Grilled Turkey Sausage Patties,
Brunch:	Steamed Rice, Grilled Hash Brown Potatoes, Eggs to Order, French Toast, Pancakes, Waffles, Hot Cereal, Grilled Chop Steak, Wax Beans, Mashed Potatoes, Cream Gravy, White Dinner Rolls, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
Dinner	Baked Salmon, Chicken Cacciatore, Grilled Chop Steak, Oven Glo-
Brunch:	Potatoes, Tossed Green Rice, Carrots, Waxed Beans, Cream Gravy, White Dinner Rolls, Cream of Mushroom Soup, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
	Sunday 14
	Sunday 14

Breakfast	Oven Fried Bacon, Oven Fried Canadian Bacon, Baked Turkey Sausage
Brunch:	Links, Creamed Ground Beef, Steamed Rice, Hashed Browns, Eggs to Order, Hot Cereal, French Toast, Pancakes, Waffles, Roast Turkey
	Sandwich, Peas w/Onions, Mashed Potatoes, Turkey Gravy, Wheat Dinner Rolls, Taco Soup, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
Dinner Brunch:	Braised Pork Chops, Teriyaki Steak, Roast Turkey, Rissole Potatoes, Candied Sweet Potatoes, Cauliflower Polonaise, Peas w/ Onions, Turkey Gravy, Brown Gravy, Wheat Dinner Rolls, Taco Soup, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
	Monday 15
Lunch:	Turkey A La King, Breaded Pork Chops, Asparagus, Whole Kernel Corn, Kansas Rice Blend, Buttered Pasta, Onion Gravy, Corn Chowder, Butter & Egg Dinner Rolls, & Asst. Pastries
Dinner:	Chicken Parmesan, Beef & Broccoli, Wax Beans, Glazed Carrots, Italian Roasted Potatoes, Pork Fried Rice, Brown Gravy, Corn Chowder Soup, Butter & Egg Dinner Rolls, & Asst. Pastries
	Tuesday 16
Lunch:	Creole Shrimp, Beef & Corn Pie, Peas & Carrots, Brussels Sprouts Polonaise, Steamed Rice, Long Grain & Wild Rice, Brown Gravy, White Dinner Rolls, & Asst Pastries
Dinner:	Herbed Cornish Hens, Virginia Baked Ham, Mixed Vegetables, Simmered Cauliflower, Parsley Buttered Potatoes, Garlic Cheese Potatoes, Chicken Gravy, Raisin Sauce, Gumbo Soup, & Asst. Pastries
	Wednesday 17
Lunch:	Oven Baked Chicken, Jaegerschnitzel, Paprika Buttered Potatoes, Steamed Rice, Calico Cabbage, Whole Kernel Corn, Brown Gravy, Corn Muffins, Cream of Chicken Soup, & Asst. Pastries
Dinner:	Baked Fish w/ Garlic Butter, Beef Ball Stroganoff,, Peas and Carrots, Rissole Potatoes, Lyonnaise Green Beans, Cream Gravy, Corn Muffins, Cream of Chicken Soup, & Asst. Pastries
	Thursday 18
Lunch:	BBQ Baked Chicken, Breaded Pork Steaks, Potatoes Au Gratin, Tossed Green Rice, Orange Carrots Amandine, Spinach, Brown Gravy, French Dinner Rolls, Egg Drop Soup, & Asst. Pastries
Dinner:	Chili Con Carne, Roast Turkey, Rice Pilaf, Cauliflower Combo, Whole Kernel Corn, Bread Dressing, Turkey Gravy, French Dinner Rolls Egg Drop Soup, & Asst. Pastries

	Friday 19
Lunch:	Baked Salmon, Country Style Steak, Mashed Potatoes, Long Grain & Wild Rice, Asparagus, Summer Squash, Brown Gravy, Cream Gravy, Corn Muffins, Chicken & Rice Soup, & Asst. Pastries
Dinner:	Creole Shrimp, Savory Baked Chicken, Steamed Rice, Scalloped Potatoes and Onions, Broccoli Parmesan, Mixed Vegetables, Chicken Gravy, Corn Muffins, Chicken & Rice Soup, & Asst. Pastries
	Saturday 20
Breakfast	Oven Fried Bacon, Minute Steak, Grilled Turkey Sausage Patties, Hash
Brunch:	Brown Potatoes, Creamed Ground Beef, Eggs to Order, French Toast, Pancakes, Waffles, Grilled Chop Steak Green Beans, Mashed Potatoes, Brown Gravy, White Dinner Rolls, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
Dinner Brunch:	Chicken Cordon Bleu, Sweet & Sour Pork Chops, Garlic Roasted Potato Wedges, Jaegerschnitzel, Orange Rice, Green Beans, Succotash, Brown Gravy, Dinner Rolls, Cream of Potato Soup, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
	Sunday 21
Breakfast Brunch:	Baked Turkey Sausage Links, Baked Sausage Patties, Oven Fried Bacon, Creamed Chipped Ham, Eggs to Order, French Toast, Pancakes, Waffles, Roast Turkey Sandwich, Carrots, Mashed Potatoes, Turkey Gravy, Wheat Dinner Rolls, Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
Dinner Brunch:	Prime Rib, Cajun Baked Fish, Roast Turkey, Baked Potatoes, Hoppin John, Carrots, Calico Corn, Brown Gravy, Turkey Gravy, Brown Gravy, Wheat Dinner Rolls, Vegetable Soup & Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
	Monday 22
Lunch:	Turkey Pot Pie, Virginia Baked Ham, Garlic Cheese Potatoes, Steamed Rice, Collard Greens, French Fried Cauliflower, Apple Bread Dressing, Raisin Sauce, Butter And Egg Dinner Rolls, Cream of Broccoli Soup, & Asst. Pastries
Dinner:	Chinese 5-Spice Chicken, Cajun Meatloaf, Mashed Potatoes, Kansas City Rice Blend, Savory Style Beans, Oriental Stir-Fry Cabbage, Brown Gravy, Butter And Egg Dinner Rolls, Cream of Broccoli Soup, & Asst. Pastries

	Tuesday 23
Lunch:	Pepper Steak, Shrimp Scampi, Oven Brown Potatoes, Steamed Rice, Peas with Onions, Wax Beans, Mushroom Gravy, French Dinner Rolls, Chicken Noodle Soup, & Asst. Pastries
Dinner:	Braised Pork Chops, Orange Chicken, Pork Fried Rice, Parsley Buttered Potatoes, Mixed Vegetables, Simmered Cauliflower, Brown Gravy, French Dinner Rolls, Chicken Noodle Soup, & Asst. Pastries
Lunch:	Wednesday 24 Southern Fried Chicken, Yankee Pot Roast, Baked Mac n Cheese, Steamed Rice, Corn O'Brien, Glazed Carrots, Kaiser Rolls, French Onion Soup, & Asst. Pastries
Dinner:	Lemon Baked Fish, Chili and Macaroni, Grilled Cheese, Broccoli, Summer Squash, Garlic Cheese Potatoes, Cream Gravy, Kaiser Rolls, French Onion Soup, & Asst. Pastries
<u> </u>	Thursday 25
Lunch:	Chinese BBQ Ribs, Sweet and Sour Chicken, Boiled Pasta, Pork Fried Rice, Peas and Carrots, Vegetable Stir-fry, Brown Gravy, Minestrone Soup, Dinner Rolls, & Asst. Pastries
Dinner:	Roast Beef, Turkey Ala King, Steamed Rice, Paprika Butter Potatoes, Lyonnaise Green Beans, Cauliflower Au Gratin, Brown Gravy, Minestrone soup, Dinner Rolls, & Asst. Pastries
	Friday 26
Lunch:	Salisbury Steak, Baked Tuna And Noodles, Mashed Potatoes, Brussels Sprouts, Cream Style Corn, Black-Eyed Peas, Brown Gravy, Corn Muffins, Cream of Mushroom Soup, & Asst. Pastries
Dinner:	Jambalaya, Honey Glazed Rock Cornish Hens, Italian Roasted Potatoes, Broccoli Parmesan, Creole Summer Squash, Chicken Gravy, Corn Muffins, Cream of Mushroom Soup, & Asst. Pastries
	Saturday 27
Breakfast Lunch:	Oven Fried Bacon, Canadian Bacon, Turkey Sausage Links, Hash Browns, Steamed Rice, Pancakes, Waffles, French Toast, Eggs to Order, Hot Cereal, Hot Roast Beef Sandwich, Mexican Corn, Rice Pilaf, Brown Gravy, White Dinner Rolls, & Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries
Dinner Brunch:	Jerked Roast Turkey, Roast Beef, Scalloped Ham and Potatoes, Rice Pilaf, Mexican Corn, Lyonnaise Carrots, Brown Gravy, White Dinner Rolls, Beef Vegetable Soup Grilled Hamburger/Cheeseburger, Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, & Asst. Pastries

	Sunday 28
Breakfast	Oven Fried Bacon, Minute Steak, Grilled Turkey Sausage Patties,
Brunch:	Creamed Ground Beef, Eggs to Order, French Toast, Pancakes, Waffles,
	Steamed Rice, Cottage Fried Potatoes, Hot Cereal, Fried Chicken Fillets,
	Mashed Potatoes, Green Beans, Chicken Gravy, Wheat Dinner Rolls,
	Cream of Chicken Soup, Grilled Hamburger/Cheeseburger, Grilled
	Frankfurter on Roll, Grilled Chicken Breast Sandwich, French Fried
	Potatoes, French Fried Onion Rings, Assorted Toppings, Condiments, &
	Asst. Pastries
Dinner	Shrimp Scampi, Grilled T-Bone Steak, Breaded Pork Chops, Baked
Brunch:	Potatoes, Steamed Rice, Green Beans, Peas w/ Mushrooms, Brown Gravy,
	Cream of Chicken Soup, Dinner Rolls, Grilled Hamburger/Cheeseburger,
	Grilled Frankfurter on Roll, Grilled Chicken Breast Sandwich, French
	Fried Potatoes, French Fried Onion Rings, Assorted Toppings,
	Condiments, & Asst. Pastries
	Monday 29
Lunch:	Turkey Yakisoba, Chinese Diced Pork, Steamed Rice, Fried Cabbage,
	Orange Carrots Amandine, Chinese Eggroll, Dinner Rolls, Corn Chowder,
	& Asst. Pastries
Dinner:	Meatloaf, Chicken Tetrazzini, Roasted Pepper Potatoes, Broccoli, Summer
	Squash, Brown Gravy, Dinner Rolls, Corn Chowder, & Asst Pastries
	Tuesday 30
Lunch:	French Fried Shrimp, Yankee Pot Roast, Home Fried Potatoes, Steamed
	Rice, Cauliflower Parmesan, Southern Style Greens, Cream Gravy, Dinner
	Rolls, Gumbo Soup, & Asst. Pastries
Dinner:	Roast Pork, Teriyaki Chicken, Rice Pilaf, Herbed Potatoes, Green Bean
	Creole, Peas and Carrots, Cream Gravy, Dinner Rolls, Gumbo Soup, &
	Asst. Pastries
	Wednesday 31
Lunch:	Chinese BBQ Chicken, Veal Parmesan, Garlic Roasted Potato Wedge,
	Fried Rice, Fried Cabbage with Bacon, Louisiana Style Squash, Onion
	Gravy, Kaiser Rolls, French Onion Soup, & Asst. Pastries
Dinner:	Baked Stuffed Fish, Grilled Sirloin Steaks, Baked Macaroni and Cheese,
	Mashed Potatoes, Spinach, Whole Kernel Corn, Brown Gravy, Kaiser
	Rolls, French Onion Soup, & Asst. Pastries